

Caviar - safe sleeping/monitoring

Child's Name:	Date of Birth:	Today's Date:
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Providing your infant with a safe environment in which to grow and learn is of extreme importance to us. To that end, our childcare facility has implemented policies and procedures to create a safe environment for your infant.

We follow the recommendations of the American Academy of Pediatrics (AAP) and the consumer Safety Commission for safe sleep environments to reduce the risk of sudden infant death syndrome (SIDS).

The following are the recommendations that we follow and strongly suggest they be followed at home, as well.

- All infants be placed on their backs in safety-approved cribs unless an alternate sleep position is needed for a medical reason and a written note from the infant’s health professional is provided.
- Infants who can rollover on their own may sleep on their bellies.
- The crib room is checked every 5 minutes to ensure safety (the State requires every 10 minutes).
- Infants will not sleep on waterbeds, sofas, soft mattresses, or other soft surfaces.
- Infants can be swaddled up to the age of 3 months. After three months we require a note from the doctor for this to continue.
- Soft materials such as pillows, quilts, comforters, sheepskins, stuffed toys, and loose bedding will not be placed in infants’ sleep environment.
- No weighted blankets.
- Infants will not share a safety-approved crib with other children.
- Infants will remain lightly clothed and comfortable while sleeping.
- Supervised “tummy time” will be observed while infant is awake.
- No smoking will be allowed in infants’ environment.

Since the start of the 1994 national campaign that provided guidelines for parents, health professionals, and other caregivers to place infants on their backs to sleep, the number of infants dying of SIDS has decreased by 42%.

Again, safety of your infant is paramount to us. By signing below, you, as the parent, understand and comply with the policies of the childcare facility that your child will be attending.

_____	_____
Parent/guardian signature	Date
_____	_____
Parent/guardian signature	Date

I/we are aware of and agree to the use of an electronic monitors as a means of supervising my/our infant when he/she is sleeping in Caviar’s adjoining crib room.

_____	_____
Parent/guardian signature	Date
_____	_____
Parent/guardian signature	Date